


When Rhonda's glass appeared half empty, we filled it with hope.



After selflessly caring for her terminally ill mother, Rhonda soon found herself understandably depressed. Some years later, she once again faced the unthinkable when her husband was diagnosed with terminal cancer. The emotional strain proved to be too much for the 58-year-old executive. Unable to work, unable to cope, and often unable to get out of bed, Rhonda turned to experts at Methodist Richardson Medical Center's Behavioral Health Program. Thanks to Methodist Richardson, Rhonda overcame her despair, turning her longtime battle with depression into a well-deserved victory, and she is now confident that the best is yet to come.

Get the full story at www.MethodistHealthSystem.org/MentalHealth



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