

2013

Community Highlights



More than 100 community leaders attend an open house for the new Methodist Mansfield Wound Care and Hyperbaric Center.


Methodist
MANSFIELD MEDICAL CENTER

Where life shines bright.™

Shining achievements

Methodist Health System

- Among Health Care's Most Wired by *Hospitals & Health Networks* magazine for the fourth consecutive year
- 193 physicians on the medical staff among *D Magazine's* Best Doctors in Dallas
- Three Dallas–Fort Worth Hospital Council Foundation Award winners
- 26 Methodist Family Health Center and Medical Group physicians recognized by NCQA for patient-centered medical homes.

Methodist Mansfield Medical Center

- Texas Health Care Quality Improvement Silver Award from the TMF Health Quality Institute for heart attack, heart failure, pneumonia, and surgical care
- Three *Fort Worth Business Press* Health Care Hero awardees
- Voted Best Hospital, Best Emergency Department, and Best Maternity Award in readers' choice awards in *Arlington Living Magazine* and *Focus Daily News*.

Making health care shine

Methodist Mansfield Medical Center is adapting and growing to meet patient needs with advanced technology and compassionate, quality care. We're proud to share some highlights from 2013:

Healing wounds faster than ever. Methodist Mansfield Wound Care and Hyperbaric Center is committed to healing chronic wounds with specialized outpatient care for patients with chronic, nonhealing wounds that show little or no sign of improvement with standard treatment. The center is also home to a hyperbaric oxygen therapy chamber, effective in painlessly treating hard-to-heal wounds.

Joint Academy in session. The Methodist Joint Academy at Methodist Mansfield helps joint replacement patients have a speedy recovery by providing education about the joint replacement process before, during, and after surgery.

Single-Site™ with the da Vinci® Surgical System. With this robotic procedure, gallbladder removal is easier than ever, requiring only one tiny incision. Patients experience minimal discomfort and scarring and rave about their fast recoveries.

Construction of two new operating rooms. Two new \$6.5 million operating rooms are underway to offer the latest in communication and equipment for heart and da Vinci robotic procedures.

Expanded primary care services. Four new Methodist Family Health Centers and Medical Groups opened throughout the Metroplex, including one in Waxahachie. A Mansfield North clinic is planned for 2014.



Methodist Mansfield Medical Center Community Advisory Board: (from left) Tom Cox; Michael Van Amburgh; Bob Brown; Marti VanRavenswaay-Waddell; Jim McCally; Jim Swafford; Methodist Mansfield President John Phillips, FACHE; Randall Canedy, chairman; Pam Rudnicki; Bill Coppola, PhD; Kim McCaslin-Shlieker; and the Rev. Michael Evans. Not pictured: Clayton Chandler; Ken Pritchett; the Rev. Mike Ramsdell; Jim Vaszauskas, EdD; and Judith Werner, DO.

Numbers to **know**

8,017

The number of people Methodist Health System employed throughout the Metroplex in 2013.



1,094

The number of people employed at Methodist Mansfield Medical Center, making the hospital one of southeast Tarrant County's largest employers.

\$132 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2013.

\$1.1 billion

Economic impact, including from income and benefits provided for Methodist employees.

We are proud to support these local chambers

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Mansfield Area Chamber of Commerce
- Midlothian Chamber of Commerce

22 minutes

Methodist Mansfield's fastest door-to-balloon time in 2013. Door-to-balloon time is measured from the time a STEMI heart attack patient arrives at the hospital to the time the blocked artery is open and blood flow to the heart restored.

24

The hours each day that the Methodist Mansfield Medical Center Trail is open for your walking pleasure. The nearly mile-long path can help get you moving.



10

The number of consecutive years that Methodist Health System has been named among the Top 10 Best Places to Work by the *Dallas Business Journal*. For the third year in a row, the health system was also named one of the 100 Best Places to Work in Healthcare by *Becker's Hospital Review*.

2016

By this year, Methodist Health System aims to be the healthiest health system in America. We're well on our way, with recognition from:

- The *Dallas Business Journal* — for being among the Top 5 Healthiest Employers in North Texas
- The American Heart Association, who has named us a Platinum-Level Fit-Friendly Worksite.

To your health

Having a healthy body, mind, and spirit is important. In 2013, Methodist Mansfield Medical Center hosted and sponsored a variety of events to motivate people toward healthy lifestyles and help improve our communities, including:

- Run with Heart half marathon, 5K, and one-mile fun run
- Mommy MD women's health event
- Multiple run/walk events
- City health fairs and lunch and learn events
- City of Mansfield Hometown Holiday Parade
- Methodist Mansfield ISD 5K Dash For Cash.



Pre-K students from Bonham Early Education Center, along with Grand Prairie ISD officials and Methodist Mansfield representatives, display safety bags, which were given to every teacher in the district to help keep children safe.



Emily Holland, pictured with Mansfield ISD Superintendent Jim Vaszauskas, EdD, sits at the console of the da Vinci® Surgical System robot that she named ROSS, short for Robotically Operated Surgical Assistant.



Methodist Mansfield, with the help of medical professionals such as Alan Taylor, MD (left), and electrocardiogram (EKG) technician Herman Jamie, offered sports physicals and EKGs to Mansfield ISD student athletes.

The difference starts here

These initiatives are making a healthier community

- **Medical support for local athletes.** Methodist Mansfield Medical Center provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield and Midlothian ISDs.
- **First-aid medical teams.** In partnership with Tarrant County's Susan G. Komen® for the Cure, Methodist provides physicians and nurses for the medical team at the annual Race for the Cure.
- **Saturday Mammos.** These events create a comfortable, spa-like atmosphere for women to get their annual mammograms.
- **Mansfield ISD Wellness Clinic.** This innovative effort by the school district, its board of trustees, and Methodist Mansfield offers district employees and their dependents affordable health care. The clinic will help improve employees' health while reducing absenteeism.

Methodist Mansfield also supports these community endeavors: Big League Dreams Sports Park; Carter Blood Care; local Rotary, Kiwanis, and Lions clubs; Mansfield Cares; Mansfield Women's Club; March of Dimes; Meredith Hatch Foundation; Mission Arlington; National Night Out Against Crime; Tarrant County American Heart Association Heart Walk; Tarrant County Medical Society; United Way; and others.

We also opened our doors to programs like Leadership Arlington, Grand Prairie, Mansfield, and Midlothian; Shattered Dreams, which helps promote teen awareness about the dangers of drinking and texting while driving; and nursing students from four universities and numerous high schools.



More than a thousand community members hit the ground running in Methodist Mansfield's first Run with Heart event, a Heart of the Community initiative.

Where hearts march to a stronger beat

Methodist Mansfield Medical Center is finding ways to help local hearts from both inside and outside the hospital walls.

Award-winning heart care

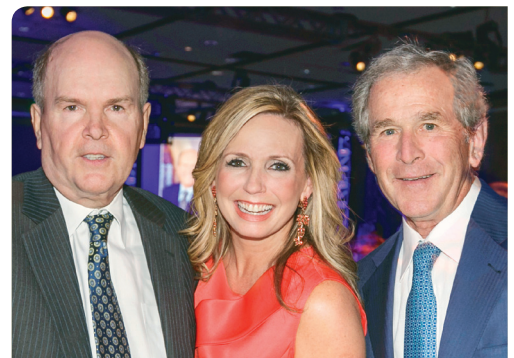
The Joint Commission recognized Methodist Mansfield as a 2013 *Top Performer on Key Quality Measures*® in heart attack, heart failure, and stroke outcomes, based on achievements in 2012.

In addition, the Society of Cardiovascular Patient Care recognized Methodist Mansfield with Cycle IV Chest Pain accreditation for achieving a higher level of expertise in diagnosing and rapidly treating patients with chest pain and other heart attack symptoms. In 2013, the hospital achieved a record-low door-to-balloon heart attack treatment time: only 22 minutes, well below the national standard of 90 minutes.

Heart of the Community

Through its Heart of the Community initiative, Methodist Mansfield supported heart health in a variety of ways in 2013:

- More than 1,000 community members stepped out for heart health in our first Run with Heart event, offering a half marathon, 5K, and one-mile fun run.
- More than 100 employees participated in the Tarrant County American Heart Association Heart Walk, raising almost \$10,000.
- We founded and co-sponsored the city of Midlothian's Heart-Healthy Chili Cook-Off and Mad Dash for a Healthy You.
- The HeartSmart Profiler on our website helped patients determine their heart age.
- We offered stroke and heart disease awareness and education at more than 100 community events in southeastern Tarrant County.



Former President George W. Bush made a surprise appearance at the 2013 Robert S. Folsom Leadership Award honoring Rev. Mark Craig (left), shown here with Methodist Health System Foundation President and CEO April Box Chamberlain, CFRE.

A brighter and safer future for North Texans

Methodist Health System Foundation presented its 2013 Robert S. Folsom Leadership Award to Rev. Mark Craig, former senior pastor at Highland Park United Methodist Church.

An event honoring Craig raised \$1.5 million toward the new Charles A. Sammons Tower at Methodist Dallas Medical Center. The services offered in this tower will benefit all North Texans in need of emergency, trauma, or neurocritical care.

Learn more at Foundation.MethodistHealthSystem.org.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital health care and community programs, call Methodist Health System Foundation at 214-947-4555. Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Mansfield Medical Center. ABO29953