

## Intensive care reaches new heights

Critical care at Methodist Charlton Medical Center reached a whole new level in 2016 when the hospital opened a brand-new intensive care unit (ICU). The unit moved to the hospital's A Tower and grew by eight beds. More beds — 32 total — mean more space to provide the specialized care needed for the many critically ill patients admitted to the ICU each year.

The spacious new rooms are specifically designed for the care and comfort of patients and their families, with larger sitting areas and separate lighting for visitors.

Methodist Charlton's new ICU has special features that enhance patient safety and patient care. Specially designed workspaces promote coordination and communication among members of the critical care team. Enhanced technology supports patient monitoring, thereby increasing patient safety.



Methodist Charlton President Fran Laukaitis, MHA, BSN, RN, FACHE (fourth from left), welcomes the ICU staff to their new unit in March 2016.

Certified critical care pulmonologists are in the ICU 24 hours a day, 7 days a week, providing high-level care for our sickest patients. According to medical studies, this round-the-clock attention

gives patients improved chances for a full recovery and shorter stays in the hospital. You can feel more at ease knowing that you or your loved one is in good hands.



Learn more about the services offered at Methodist Charlton by visiting [MethodistHealthSystem.org/Charlton](http://MethodistHealthSystem.org/Charlton).

Former DeSoto Mayor Michael Hurtt recovered from West Nile virus in Methodist Charlton's ICU. "The Methodist Charlton ICU is remarkable," he says. "I'm extremely grateful for the high level of care I received. They saved my life."

# NUMBERS TO KNOW

## METHODIST CHARLTON ANNOUNCES 3 NEW EXECUTIVE LEADERS IN 2016

Methodist Charlton Medical Center looks forward to a bright future of serving the community with these experienced, educated leaders at the helm.

**Teresa Land, MBA, BSN, RN**  
Vice President of Nursing/Chief Nursing Officer



**Dustin Anthamatten, MBA, MA, CPA**  
Vice President of Operations



**Stephanie Gary, MBA, CPA**  
Vice President of Finance



## WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Best Southwest Partnership
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- DeSoto Chamber of Commerce
- Duncanville Chamber of Commerce
- Lancaster Chamber of Commerce.

## METHODIST CHARLTON ADVISORY BOARD

Front row, from left: Jill Waggoner, MD; Methodist Charlton President Fran Laukaitis, MHA, BSN, RN, FACHE; and Margie Waldrop; (back row) Kevin Fegan, PhD; Stephen Mueller, MD; Paul Skluzacek, MD; Dick Griner; Michael Hurtt; Bob Mong; Dan Eddy; Allen Schneider, DO; and Ken Weaver; (not pictured) Robert Garza, Ed Harrison, John Hubbard, Marcus Knight, Curtistene McCowan, the Rev. A. Marie Mitchell, and Boyce Whatley



# 9,442

The number of people Methodist Health System employed throughout the Metroplex in 2016.



# 1,915

The number of people employed by Methodist Charlton Medical Center in 2016, making the hospital one of the largest employers in the Best Southwest cities.

# 3

The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Methodist is the first and only health system in Texas participating in the network, which gives physicians at Methodist the opportunity to consult with those at Mayo Clinic. Learn more at [Answers2.org](http://Answers2.org).

# 13

The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the sixth year running.

# 2017

This year, Methodist Health System aims to be the healthiest health system in America. We're well on our way with these recognitions in 2016:

- Healthiest Employer in North Texas by the *Dallas Business Journal* for the second year
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the fourth year
- Health Champion Designation from the American Diabetes Association's Wellness Lives Here™ campaign
- Well Deserved Award from UnitedHealthcare for our worksite wellness program.

# \$1.3 billion

Methodist Health System's 2016 economic impact, including from income and benefits provided for employees.

# \$149.6 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2016.



Shown above (from left): Bobby B. Lyle, 2014 Folsom Award recipient; Lottye Lyle; Ray Hunt; Nancy Ann Hunt, 2006 Folsom Award recipient; Dr. Turner and his wife, Gail; and Kelli and Gerald J. Ford. The Lyles, Hunts, and Fords were Folsom event co-chairs.

# 90

Methodist Health System is looking forward to celebrating its 90 years of service in 2017. Follow us on social media for all the ways we'll be commemorating the occasion.

/MethodistHealthSystem  
/MethodistCharlton

@mhshospitals  
@methodistcharl

/MethodistHealthDFW

/MethodistHealthSystem

Check out the latest issue of *Shine* magazine at [MethodistHealthSystem.org/Shine](http://MethodistHealthSystem.org/Shine) or on our new app, available for Apple and Android devices.



# 12

The number of years Methodist Health System Foundation has honored servant leaders with the Robert S. Folsom Leadership Award. In 2016, the award went to R. Gerald Turner, PhD, the longest-serving president of Southern Methodist University. The award event raised \$1.4 million, which was designated for creating a world-class simulation laboratory for Graduate Medical Education at Methodist Dallas Medical Center.

# A heart for wellness: How we're reaching the community

Methodist Health System and Methodist Charlton Medical Center are improving the health of our community with these initiatives:

- **Faith Community Nursing.** Through local churches, Methodist provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Generations.** This program offers wellness activities, social events, and educational outreach for people ages 55 and older.
- **Mobile mammography.** In collaboration with Susan G. Komen® Dallas County, Methodist's mobile

mammography unit brought breast cancer screening directly to 2,603 women in 2016, including 811 in the Methodist Charlton service area.

- **Methodist Alliance for Patients and Physicians (MAP<sup>2</sup>).** This accountable care organization (ACO) improves and saves lives through coordinated care for more than 55,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP<sup>2</sup> has achieved national recognition for the quality of care given to patients.



Falling for Pink emcee the Rev. Sheron C. Patterson, DMin (center), welcomes Making Chemo Bearable designer Ragina Ireland (left) and breast cancer survivor Nina Graham to the event. Graham shared her story of faith and determination with the event's audience.



Methodist Charlton President Fran Laukaitis, MHA, BSN, RN, FACHE, and her husband, Mike, enjoy a beautiful day riding in Cedar Hill's Country Day on the Hill Parade.

## Where you saw us in 2016

We were proud to offer or sponsor these and other community events and organizations:

- American Cancer Society Midlothian Relay for Life
- American Diabetes Association Run/Walk
- Ben Franklin Apothecary & Duncanville ISD Heart of Duncanville 5K
- Best Southwest Legislative Breakfast Series
- Celebrating Life Foundation Sister to Sister 15th annual Fitness Festival
- City of Cedar Hill 79th Country Day on the Hill
- City of Cedar Hill Choose Healthy Cedar Hill
- City of Ovilla Heritage Day
- DeSoto Chamber of Commerce annual gala
- Duncanville Police Department National Night Out
- Falling for Pink
- Pastor Appreciation Luncheon
- Strike Out Stroke
- Taste of Cedar Hill
- Taste of Duncanville
- Shop, Eat, Drink, PINK! at Hillside Village and the Bishop Arts District.

In honor of the fallen officers from the Dallas police shooting in July 2016, Methodist Charlton sent a signed banner of support to the Dallas Police Department.



Motivational speaker Suzie Humphreys shares words of inspiration at Methodist Charlton's 1st Day of Summer event.

# Harbor Hospice unit opens at Methodist Charlton



Celebrating the opening of the Harbor Hospice unit at Methodist Charlton are (from left) Harbor Hospice leaders Kerri Berry; Lauren Wilson; Nicole Shelly, RN, director of nursing; Theresa Cousins, RN, chief nursing officer; Gaynell Murrell, vice president of accounting; and Jeremy Ware, director of business development, along with Methodist Charlton leaders Fran Laukaitis, MHA, BSN, RN, FACHE, president; Teresa Land, MBA, BSN, RN, chief nursing officer and vice president of nursing; Dustin Anthamatten, MBA, MA, CPA, vice president of operations; Preston Miller, MAOM, SPHR, SHRM-SCP, director of human resources; Stephanie Gary, MBA, CPA, vice president of finance; and Bill Schneider, physician liaison.

In late 2016, Harbor Hospice leased space on the fifth floor of Methodist Charlton Medical Center's F Tower to dedicate to hospice care. The 14-bed unit at Methodist Charlton will provide those in the Best Southwest cities this specialized care at the end of a patient's life, working

with families to ensure their loved ones are cared for as they would hope.

An open house for the unit in October 2016 was attended by leaders from Harbor Hospice and Methodist Charlton. The unit began receiving patients in late January 2017.



The Methodist Charlton Wound Care and Hyperbaric Center team, led by Medical Director Basit A. Ali, DO (center), is trained and ready to serve the wound care needs of this community.

## TAKING WOUND CARE SERVICES TO NEXT LEVEL

Methodist Charlton Wound Care and Hyperbaric Center underwent renovations in 2016 to expand its services to the community. The wound care center is equipped to heal chronic wounds. It is home to comprehensive advanced therapies, including hyperbaric oxygen therapy, in an outpatient setting. Learn more at [MethodistHealthSystem.org/WoundCare](http://MethodistHealthSystem.org/WoundCare).

# Shining achievements

## Methodist Health System

- 11 nurses honored in *D Magazine's* Excellence in Nursing Awards.
- Among *Hospitals & Health Networks* magazine's "Most Wired" in the nation for sixth consecutive year.
- Longtime board member Levi H. Davis honored with Kerney Laday, Sr. Trustee of the Year Award from the Dallas-Fort Worth Hospital Council.
- 22 Methodist Family Health Centers and Medical Groups recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs.

## Methodist Charlton

- Named a *Top Performer on Key Quality Measures*® by The Joint Commission. In 2016, Methodist Charlton was recognized in the areas of chest pain, stroke, and joint replacement (knee and hip).
- 46 physicians among the *D Magazine's* Best Doctors in Dallas.
- Hospital Safety Score of A from The Leapfrog Group®.
- American College of Cardiology Foundation NCDR ACTION Registry® - GWTG™ Platinum Performance Achievement Award.
- National Accreditation Program for Breast Centers accreditation by the American College of Surgeons.
- American Heart Association Mission: Lifeline® Silver Receiving Quality Achievement Award for Heart Attack Care.
- American Heart Association Get with the Guidelines® - Stroke Silver Plus Achievement Award.
- Quality Respiratory Care Recognition from the American Association for Respiratory Care for the seventh year in a row.
- DeSoto Chamber of Commerce Large Business of the Year award.